

Resources

Kentucky Office
of Homeland Security
www.homelandsecurity.ky.gov

U.S. Department
of Homeland Security
www.dhs.gov

Citizen Corps Council
www.citizencorps.gov
Disaster Assistance.Gov
www.disasterassistance.gov

Ready.Gov
www.ready.gov

Federal Emergency
Management Agency
www.fema.gov

American Red Cross
www.redcross.org

Red Cross Ready Rating Program
www.readyrating.org

www.homelandsecurity.ky.gov/community

Recommended supplies to include in a basic kit:

- √ One gallon water per person per day
- √ At least a three-day supply of non-perishable food
- √ First-aid kit
- √ Clothing and blankets
- √ Daily prescription medications, infant formula or diapers
- √ Flashlight and extra batteries
- √ Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- √ Copies of important documents
- √ Moist towelettes, garbage bags and plastic ties for personal sanitation
- √ Wrench or pliers to turn off utilities
- √ Local maps

For a complete listing, visit

www.homelandsecurity.ky.gov/community



Developing a Plan and Kit To Protect Your Family

From Natural or
Man-Made Disasters



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www.homelandsecurity.ky.gov/community

Emergencies can range from the inconvenient to the devastating, but you can take some simple preparedness steps in advance to minimize the impact on your family.

The likelihood that you and your family will survive a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for all other emergencies. We must have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes. Just like having a working smoke detector, preparing for the unexpected makes sense.



Make a Plan

Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations.

- ✓ It may be easier to make a long-distance phone call than to call across town, so an out-of-state contact may be in a better position to communicate among separated family members.
- ✓ Be sure every member of your family knows the phone number and has coins or a prepared phone card to call the emergency contact.
- ✓ You may have trouble getting through, or the telephone system may be down altogether, but be patient.

Emergency Information

- ✓ Find out what kinds of disasters, both natural and man-made, are most likely to occur in your area and how you will be notified.
- ✓ Methods of getting your attention vary from community to community. One common method is to broadcast via emergency radio and TV broadcasts. You might hear a special siren, or get a telephone call, or emergency workers may go door-to-door.

Emergency Plans

- ✓ Inquire about emergency plans at places where your family spends time: work, daycare and school. If no plans exist, consider volunteering to help create one.
- ✓ Talk to your neighbors about how you can work together in the event of an emergency. You will be better prepared

to safely reunite your family and loved ones during an emergency if you think ahead and communicate with others in advance.

Get a Kit

After a disaster, local officials and relief workers will be on the scene, but they cannot reach everyone immediately. You could get help in hours, or it may take days.

Basic services, such as electricity, gas, water, sewage treatment and telephones, may be cut off for days or even weeks. You may have to evacuate at a moment's notice and take essentials with you. You probably will not have the opportunity to shop or search for the supplies you will need.



A disaster supply kit can help your family stay safe and be more comfortable after a disaster.

Get Involved

Now all Kentuckians have the opportunity to learn more about taking care of their families during any type of disaster — natural or man-made.

Visit www.homelandsecurity.ky.gov/community to find local volunteer and training opportunities through your local Citizen Corps Council.

